

Fall is in full swing and just because the warm summer months are gone does not mean that you have to hibernate. Vacation weather this time of year is much calmer and the colors of the season are much more bountiful! As you pack for your relaxing retreats, Ikons Magazine wants to make sure you are equipped with all of the travel essential items appropriate for a quick day trip or a fabulous weekend!

1. **Embryolisse Lait-Crème Concentre:** Traveling, climate change and water conditions may stress the skin, making it dry, dull or irritated. Skin care addicts and beauty experts alike, cannot stop raving about the “24 hour miracle lotion” that multitasks moisturizing, makeup removal and skin primer. Not to leave out our male counterparts, the Lait-Crème Concentre is great for hydrating skin and decreasing irritation due to shaving!
2. **Carol’s Daughter Monoi Repairing Shampoo:** Pronounced “muh-noy,” the nourishing Tahitian oil products are one of the newest additions to the Carol’s Daughter line. Whether hair is in distress from heat, color or a dip in a chlorine-filled pool, the ultra-moisturizing shampoo will restore hair to healthy shine and strength!
3. **CVS Instant Hand Sanitizer:** This 2.0oz travel friendly hand sanitizer fits easily into your beauty bag, briefcase or purse. Aloe soothes hands and leaves them feeling soft. Instant Hand Sanitizer kills 99.99% of germs that are abundant when traveling!
4. **MAC Lip Conditioner Stick SPF 15:** A favorite MAC must-have! Shea butter is an instant moisturizer for lips and SPF 15 gives lips UVA/UVB protection from the sun! The lip conditioner is sheer and vanilla scented making it very gender neutral.
5. **Neutrogena Ultra Sheer Dry Touch Sun Block SPF 55:** A lightweight formula that provides max protection from UVA/UVB rays. Quick absorption into the skin avoids a slick or sticky feel and the cream is waterproof and sweatproof. Rest assured that your skin is protected whether you are braving it on jet-skis or in the rays all day!
6. **Condoms:** Realistically vacations can be hook-up central, so make sure that you have protection available, even if you are using toys! There are a variety of condoms out there, so find what best suits you! Ikons Health and Beauty likes Trojan, with its variety of over 29 types. The Trojan Pleasure Pack of Lubricated Condoms made of “premium quality latex” contains a variety of Trojan styles.
7. **Alka Seltzer Lemon Lime:** Vacations may easily lead to a road of gluttony. We indulge (sometimes overly indulge) in local foods and treats and party hard with alcohol consumption leaving our stomach a little annoyed with the rest of our bodies. Alka Seltzer remedies indigestion, headaches and heartburn due to acid. Lemon lime makes the effervescent experience a bit more pleasant.

